

ALLERGEN AWARE MENU WEEK 2

SERVED W/C:

THE FOOD EXPLORERS

Hutchison

ALLERGEN AWARE MENU

Monday

Tuesday

Wednesday

Thursday

Friday

MAIN MEAL

OPTION 1

OPTION 2

Margherita Pizza & Wedges

Sausage & Mashed Potatoes With Gravy

Cottage Pie

Cheesy Cauliflower Pasta Bake

Sausage & Chips

MSC Approved Salmon & Tomato Pasta Bake

Pork Sausage, Mash & Gravy

Roast Turkey, Roast Potatoes & Gravy

Mild Caribbean Chicken Curry with Carrot Rice

MSC Approved Fish & Chips

VEGGIES



Peas

Carrot & Peas

Broccoli & Cauliflower

Carrot & Mixed Salad

Baked Beans

AVAILABLE EVERY DAY

Our crunchy colourful salad and jacket potatoes with vegan cheese, beans, vegan cheese & beans or tuna with vegan mayo

SWEET TREATS



Chocolate Shortbread

Apple Sponge

Chocolate Brownie

Raspberry Jelly & Mandarins

Chocolate Banana Cake

KEY

Nutritionist's Choice



Vegetarian



Vegan



Added Wholewheat

