



# Austhorpe Primary School



## Fidget Guide

As an inclusive school we aim to ensure that every child is 'happy, successful and confident'. We understand that for some pupils to succeed in school, they may require additional tools to support them in maintaining concentration in lessons. The purpose of this guide is to ensure that the use of fidget tools and auxiliary aids are supportive to them and non-disruptive to an individual child and others around them. This will come into effect from September.

### Fidget tools and auxiliary aids in school will be:

- Agreed by the class teacher (in consultation with parents and the SENCO).
- Provided by school only.
- Fit for purpose (i.e. small, silent and non-disruptive).
- Used to help a child concentrate/regulate only and not used to distract others.
- Removed by teachers if they are being used to disrupt the learning of others.

### I will follow the fidget rules:

- I will look at the teacher and my work, not at the fidget.
- I will keep the fidget in my hands. I will not throw or roll it.
- I will not distract others with my fidget.
- I understand that my teacher can remove my fidget if I am not using it correctly.
- I understand that I need to follow the fidget rules, or my fidget may be taken away from me.

### Auxiliary aids include:

- Chewlery
- Wobble cushions
- Resistance bands
- Ear defenders