



What do I need to know about the new Relationships and Health Education (RHE) Policy?

The DfE says...

We want all children to grow up healthy, happy, safe, and able to manage the challenges and opportunities of modern Britain. That is why, from September 2020, all primary age children will be taught Relationships and Health Education.

These subjects are designed to equip your child with knowledge to make informed decisions about their wellbeing, health and relationships as well as preparing them for a successful adult life. The world for all young people looks very different from the way it did 20 years ago when this curriculum was last updated – these changes bring the content into the 21st century, so that it is relevant for your child.

Your child's school will have flexibility to deliver the content in a way that is age and developmentally appropriate and sensitive to the needs and religious background of its pupils.

At Austhorpe we have taken this advice and developed our Curriculum to include RHE in all year groups.

What is RHE at Austhorpe?

- RHE is learning about the emotional, social and physical aspects of growing up
- It is about relationships
- It is about health
- It will give children accurate and factual information, positive values and the skills to enjoy a healthy life.
- It will celebrate uniqueness
- It will teach children to take responsibility for their health and well-being now and in the future

We will be sending home a series of information sheets for you to read and then offer an opportunity to ask questions about this curriculum.

Austhorpe is an inclusive school where we are sensitive to meeting the needs of our children in partnership with you as parents and carers.

This is 1 of 4 information sheets which you will have an opportunity to read and comment on. This information is also available in different languages on request. If you have any questions, please email office@aps.rkt.co.uk

Thank you for your support with this.

