

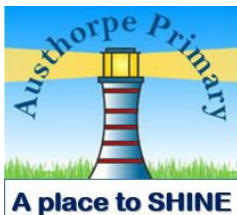


# Subject Long Term Plan – Whole School



PE Long-Term Plan

	Aut 1	Aut 2	Spr 1	Spr 2	Sum 1	Sum 2
Reception	Real PE Coordination and footwork. Balance	Real Dance Artistry Partnering Circles Shapes	Real Gym Travel Balance Rotation Flights Shapes	Real PE Dynamic Balance to agility. Static Balance.	Games Real PE. Link to games	Ball Games Real PE Throwing and catching. Footwork
Year 1	Real PE Coordination and footwork Balance	Real PE link Multi-skills Balance Throwing and catching. Coordination	Real Gym Travel Flights Rotations Shapes Balance	Real PE Dynamic Balance Static Balance	Real PE Coordination Counterbalance	Games Invasion games Throwing, catching spatial awareness
Year 2	Real PE Coordination and footwork Static Balance	Real PE link Multi-skills Balance Throwing and catching Coordination	Real Gym Travel Flights Rotations Shapes Balance Routines	Games Invasion games Throwing and catching Ball skills	Real PE Coordination Counterbalance	Games Invasion games Throwing, catching spatial awareness
Year 3	Real PE Coordination and footwork	Real Gym Travel Flights	Real Dance Artistry Partnering	Real PE Agility	Athletics Sports hall athletics	Games Real PE link



# Subject Long Term Plan – Whole School



	Static Balance	Rotations Shapes Balance  Advanced routines	Circles Shapes	Reaction / response		Striking and hitting
<b>Year 4</b>	Games  Throwing and catching  Ball skills	Real Gym  Travel Flights Rotations Shapes Balance  Routines with high apparatus	Real Dance  Artistry Partnering Circles Shapes Routines	Athletics  Sports hall athletics	Swimming	Swimming
<b>Year 5</b>	Swimming	Swimming	Swimming	Swimming	Tennis  Real PE link  Striking and hitting	Games  Real PE Link  Invasion Games
<b>Year 6</b>	Tennis  Real PE link  Striking and hitting	Rugby  Real PE link  Ball skills	Real Gym  Travel Flights Rotations Shapes Balance	Invasion games  Real PE link  Throwing and catching  Ball skills	Athletics  Sports hall athletics	Cricket / Rounders  Real PE Link  Striking and Hitting